

# MATTHEW MCGOLDRICK

---

Football • Wilton, CT

[og1coaches.com/p/coachgoldie](http://og1coaches.com/p/coachgoldie)

## Biography

2025: Named Associate Head Coach in addition to Offensive Line Coach/Run Game Coordinator and Defensive Line Coach. Assisted in implementation of Tite Front on Defense. Assisted with in-game play calling, game planning, and offensive play design & implementation in addition to Defensive weekly game planning responsibilities.

- 10-2 Record
- Reached Class MM State Semi-Final Game
- Played 5 out of the Top 10 teams in the State of CT (Staples, Cheshire, Greenwich, St. Joe's, Bunnell) winning 4 of those matchups
- Rushed for an Average of 201 yds per game with 47 total rushing TDs while averaging 33 Points per game on Offense
- OL on average gave up < 1 (0.75) sack per game (including 6 games with 0 sacks)
- 3 OL received All-FCIAC (also QB, RB, TE(2), WR(2); QB 1st Team All-State; RB All-State Top-30 broke single season TD record (27)
- Researched & Implemented new in-game film solution (GameStrat & SportScope)
- Defeated Staples (Ranked #5 in State of CT) 41-7 earning #6 Ranking in CTGametime poll and #4 Ranking in CT Hartford Courant Coaches' Poll Ranking for the State of CT / Reached All-Time high for Wilton HS with #3 Ranking in CTGametime poll
- Started season with 8 straight wins for the best Wilton start to a season since 1995

2024: Varsity Offensive Line Coach & Asst OC; Assisted with D-Line; Refined offensive tempo options for increased run game and ball control efficiency multiple offense while still utilizing all signaling and verbal for no-huddle play calling; Assisted with in-game play calling, game planning, and offensive play design & implementation

- 5-5 Record (13 Seniors)
- Beat Greenwich (Ranked #1 in State of CT) for first time since 1995
- 3 Offensive Linemen All-FCIAC (as well as QB, RB, TE)
- Rushed for an Average of 151 yds per game with 24 total rushing TDs
- OL on average gave up < 1 (0.9) sack per game (including 6 games with 0 sacks)
- 1 OL playing at St. Lawrence; TE playing at Union College
- Andy Grant, HC Darien HS Football after playing them [CT Gametime 11/2/24] "We saw how physical they play and how they're probably the best schematic offense I've seen in the state."

2023: Varsity Wide Receivers & TEs Coach; Assisted with DBs; Implemented up-tempo offensive style eliminating wristbands and utilizing all signaling & verbal for no-huddle play calling; Assisted with in-game play calls, game planning, & offensive play design & implementation

- 10-3 Record
- Won 2 State Playoff Games as #3 seed in Class MM
- Reached 1st Class MM State FINAL Game since 1995
- Beat Darien for 1st time in 26 years
- Offense averaged 30+ points per game while 13 different offensive players scored TDs
- 27 Seniors in this class, most I had coached since 6th grade youth, including all 4 captains
- WR Cole Stephenson TIED SCHOOL RECORD for most receptions in a season (49 receptions, 624 yds 6 TDs) (WR Ryan Smith finished next with 45 receptions); First Team All-FCIAC WR (Cole Stephenson)

2022: Varsity Wide Receivers & TEs Coach; Assisted with DBs; Assisted with in-game play calling, game planning, and offensive multiple play design & implementation

- 8-4 Record
- Won 1st State Playoff Game in 27 years
- Reached Class MM State Semi-Final Game
- 1 All-FCIAC WR (Tommy McKiernan)

2021: Varsity Wide Receivers & TEs Coach; Assisted with DBs; Assisted with game planning

- 7-3 Record
- Beat New Canaan for 1st time in 26 years & Beat Ridgefield for 1st time in 28 years
- 2 All-FCIAC WR's (Parker Woodring & Ben Calabrese)
- WR \*Parker Woodring (playing at Cornell) SCHOOL RECORD for most receptions in a season (49 receptions, 753 yds 6 TDs)
- 7 Different WRs caught passes, 17 receiving TDs by WRs

2020: HC of Freshmen Team & Assistant Varsity Coach for practices / workouts and 7v7 substitute for cancelled season (COVID year)

- Freshmen class (I was Head youth coach for this group since 6th grade) would go on to State Finals their Senior year of 2023)
- 4 players went on to play in college, including offensive lineman Matt Gulbin (named to the Rimington Trophy Watch List for the nation's top center at Michigan State - was previously 4-yr player at Wake Forest)

YOUTH 2012 - PRESENT:

- 14 Seasons Coaching in Wilton Youth Football in various roles (Primarily Head Coach - 11 seasons; + DC or OC each year)
- Installed offensive schemes, play calling; Install defense and play calling; Coordinate practice plans; communicate with parents; create a learning, fun, engaging, competitive atmosphere focused on development

PLAYED D-1AA (FCS) Football at Fairfield University in Fairfield, CT. - Won MAAC Championship as a 2nd year program.

- Played 2 seasons of Semi-Pro Football with CT Giants at TE & DE (Ranked Top-10 Semi-Pro football at the time).

---

## Statement

Leading with passion and purpose to instill unparalleled worth ethic and life skills in a younger generation, while paying it forward from a lifetime of athletic dedication. Building and fostering an "impact" culture through adherence to core values of preparation, passion, and purpose to achieve team success with a winning attitude on and off the field.

---